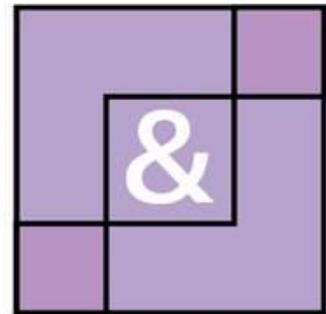


Cheshire & Merseyside Health & Care Partnership



“Be the better reason someone receives better care today”

19 October 2018

Placing mental health at the heart of what we do.

Welcome to the second edition of the partnership bulletin from the Cheshire and Merseyside Mental Health Programme Board, the regional partnership leading on those objectives within NHS England’s Five Year Forward View for Mental Health which are best developed at scale.

Our quarterly bulletin aims to ensure we share our work with all services and organisations which have a role in delivering the mental health agenda so you and your colleagues are aware of developments taking place at a Cheshire and Merseyside level and to help us to link into the work you are all doing.

Activity at Board level

The Board welcomed Stephen Dalton, NHS England’s New Care Model Programme Director, to its September meeting. Stephen shared information about the direction of travel for new care models for secondary mental health providers of tertiary mental health services in England, including:

- The new care model pilot sites are achieving significantly improved outcomes for patients – reducing inpatient length of stay, the number of children and young people in inpatient care, and the number of children and young people placed outside of area.
- NHS England is keen to support the development of the new care model project into business as usual activity across England. Stephen is working closely with Claire Murdoch, National Director for Mental Health, and John Stewart, NHS England’s Director of Specialised Commissioning, to drive this work forward.

The Programme Board agreed to prioritise the development of a Child and Adolescent Mental Health Service (CAMHS) Tier 4 New Care Model for Cheshire and Merseyside and working groups are now being established.

On 18 June, the Prime Minister set out a funding settlement for the NHS in England for the next five years. In return, the NHS has been asked to develop a long-term plan for the future of the NHS by autumn, setting out our ambitions for improvement over the next decade, and our plans to meet them during the five years of the funding settlement.

Sheena Cumiskey, Senior Responsible Officer for Mental Health in Cheshire and Merseyside and Chair of our Board, has been invited to work with the National Director for Mental Health, Claire Murdoch, to inform the content and priorities for inclusion in the 'Long Term Plan'.

A focus on our priorities

Each quarter we will provide you with information about the work taking place in our priority project groups. We have 10 groups so will aim to feature a couple in each bulletin.

This quarter, we are featuring suicide prevention, specialised (Tier 4) CAMHS New Care Model, and personality disorder.

Suicide prevention

NO MORE Suicide is the Zero Suicide Strategy for Cheshire and Merseyside. Our ambition is to transform cultural attitudes to suicides, for it to be known that suicide is preventable and for behaviours to change. Cheshire and Merseyside is the first region in the UK to submit for accreditation as a Suicide-Safer Community, recognising the standard of our joint efforts.

The #talk2me campaign on World Suicide Prevention Day in September encouraged people to talk openly about suicide and undertake 20-minute online #seesaysign training provided by the Zero Suicide Alliance. We promoted the alliance's Talk to Me song which focused on promoting the training, generating 4,358 Facebook impressions. Ten days on, 2,156 people in our region had completed the training.

Safer care standards for preventing suicides in mental health trusts and in primary care are key elements of the NO MORE Strategy. The three local mental health trusts have benchmarked themselves against these standards and held an improvement workshop for staff on 8 October.

Intelligence underpins our prevention actions. Real time surveillance provides timely notification of suspected suicides. From this, suicide prevention leads can instigate a community response as appropriate, analyse trends or clusters, and public health intelligence provides sub-regional analysis. The jointly commissioned Amparo Suicide Liaison Service alleviates the distress of those bereaved or affected by suicide, helps to prevent further suicides for this at-risk group, and reduces the economic burden of suicide. Throughout, we endeavour

to ensure the voice of real people and those bereaved is not lost and acknowledge that each death is a personal tragedy and loss to family and friends.

Specialised CAMHS (Tier 4) New Care Model

In line with the national direction of travel, the Board has established a project group to take forward the development and design of a New Care Model for Specialised CAMHS (Tier 4) provision. The project group is a collaboration of organisations including mental health providers (NHS and independent sector), CCGs, NHS England and the North West Coast Strategic Clinical Network. The first group meeting took place on 31 August where it was agreed work would begin on data and information collection to inform development of a clinical model across Cheshire and Merseyside, and to work to ensure children, young people and parents are engaged and contribute to the work of the project group.

Priority outcomes for this work-stream are to:

- Ensure equality of access to specialised CAMHS (Tier 4) services
- Increase admission avoidance through the development of alternatives to inpatient care
- Increase appropriate timely discharge from inpatient care
- Ensure 'right care, right time, right place'

Personality disorder

The Board launched its personality disorder work-stream on 17 September. A workshop was held for all stakeholders to raise awareness of the challenges faced by people affected by personality disorder, their carers and families. A number of experts by experience attended the workshop and helped frame priority areas to focus on.

The workshop was chaired by the Health and Care Partnership Implementation Director, Dave Sweeney, and presentations were delivered from each of the NHS providers of personality disorder services in Cheshire and Merseyside.

Learning from the event included:

- Whilst there is variation in the personality disorder services available, patient experience of the services is good.
- Patient journeys towards receiving the right service can be a real challenge.
- There are a number of service users placed out of area as their needs cannot currently be met in Cheshire and Merseyside.

The outcome of the workshop was the identification of three key priorities to be taken forward by the personality disorder project group over the next 12 months:

- Development of a common set of minimum standards and principles of

practice for all services in Cheshire and Merseyside when supporting service users who have personality disorder.

- Education and training for the whole system on personality disorder identification and impact.
- At scale focus on out of area placements to identify alternative options which could be delivered within Cheshire and Merseyside.

Further information

The next bulletin will be issued in January 2019.

If you are interested in finding out more about the work of the Mental Health Programme Board or would like any further information, please contact Programme Board Manager Jill Gilliam: jill.gilliam2@nhs.net