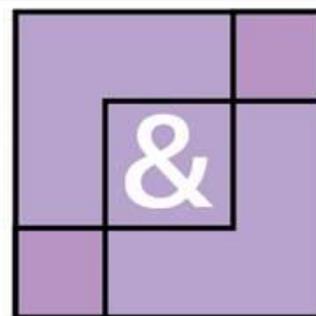


# Cheshire & Merseyside Health & Care Partnership



"Be the better reason someone receives better care today"

Edition 3 - April 2019

## Placing mental health at the heart of what we do

Welcome to the third edition of the partnership bulletin from the Cheshire and Merseyside Mental Health Programme Board (MHPB), the regional partnership leading on the objectives within NHS England's Five Year Forward View and Long Term Plan that are best developed at scale.

Our quarterly bulletin aims to ensure that we share our work with all services and organisations that have a role in delivering the Mental Health agenda. We hope it is useful for you and your colleagues to be aware of developments taking place at a Cheshire and Merseyside level - and that it also helps us to link into the work that you are doing within Places and Programmes.

## Activity at Mental Health Programme Board level

The MHPB has completed the annual review of progress made by its priority workstreams. The review includes the following highlights:

- The new **specialist perinatal mental health service** has been provided to 1,350 additional new women (up to end Q3 2018/19). **This invaluable service for women has also secured cost-avoidance in the region of £100 million**, based on the Centre for Mental Health economic case for change which estimates cost to society of PMH at £75k per case. North West Boroughs Healthcare NHS Foundation Trust will take over the leadership of the service from Cheshire and Wirral Partnership NHS Foundation Trust, as it moves to business as usual in 2019-20;
- 90 referrals received into the Wave 1 **Individual Placement Support (IPS) service**. 12 people have been successfully supported into employment as part of their recovery journey. This provides health savings estimated at £6k per person (receiving IPS Grow), which equates to £540,000 potential savings to date.
- Successful **transformation funding bids attracting over £9 million** of national monies to create, expand and/or develop mental health services for the Cheshire and Merseyside population. Examples include specialist perinatal mental health, crisis support for children and young people, suicide prevention and Individual Placement Support.

- Successful bid to become a Wave 2 New Care Model site for secure care and the establishment of the Prospect Partnership.

The MHPB also welcomed the opportunity for Sheena Cumiskey, the senior responsible officer for Cheshire and Merseyside Mental Health, to be part of the national team responsible for forming the content and priorities in the NHS Long Term Plan.

Published in January 2019, the Long Term Plan sets out a number of commitments to support continuous improvement and development of mental health services, including:

- Development of integrated community health teams for people with serious mental illness.
- Enhanced mental health crisis services for adults and children and young people.
- A new commitment that funding for children and young people's mental health services will grow faster than both overall NHS funding and total mental health spending.

The Long Term Plan also introduces the requirement for Sustainability and Transformation (STP) leaders, including a nominated lead in mental health, to review each clinical commissioning group's investment plan underpinning the mental health investment standard to ensure it covers all of the priority areas for the programme and the related workforce requirements. Specific waiting time targets for emergency mental health services will, for the first time, take effect from 2020.

You can access the [Long Term Plan here](#).

On publication of the national guidance regarding implementation of the Long Term Plan each priority workstream project brief will be reviewed to ensure alignment.

## A focus on our priorities

Each quarter we provide you with information about specific work taking place in our priority project groups. The following table provides you with an oversight of all the priority areas for 2019/20.

C& M level priority workstreams		2019/20 Objective
1	Crisis Care	New Pathways for crisis care, including NHS 111 and alternatives to admission
2	Specialised CAMHS (Tier 4) New Care Model	Develop alternatives to admission
3	Secure Care New Care Model	Deliver objectives for those with forensic needs as outlined in the New Care Model Business Case (Prospect Partnership)
4	Integrating Physical and MH services	Recommend model of care for spanning primary and tertiary care services (e.g. pain, CVD)
5	Personality Disorder Services	Develop improved pathways and community provision
6	Suicide Prevention	Delivery of CHAMPS public health collaborative 'NO MORE' Zero suicide strategy
7	MH Workforce planning	Coordinate MH workforce plans across C&M to support delivery of MH commitments outlined in the Long Term Plan.

This quarter we would like to update you on the Individual Placement Support and the Crisis Care workstreams – see below:

- **Individual Placement Support (IPS):**

70-90% of people with mental health issues would like to work, but only 37% are in paid employment. For people with severe mental illness, it's just 7%. Individual Placement and Support (IPS) is an evidence-based intensive employment support model which has a track record of delivering outstanding job outcomes for this group. IPS supports people with serious mental health difficulties to find the employment of their choosing (*IPS Grow*).

Exciting news from the IPS workstream is the announcement it has secured both Wave 1 and Wave 2 National Transformation funding to deliver IPS services across Cheshire and Merseyside.

Wave 1 funding was secured in 2018, expanding IPS provision in Liverpool, Knowsley and South Sefton. Wave 2 funding has recently been awarded to introduce IPS provision to Wirral, Halton and St Helens, expand services in Liverpool and to continue provision in Cheshire and Warrington.

The funding allocation is in excess of £1 million over 2 years (2019/20 and 2020/21) and the MHPB are working in collaboration with commissioners to mobilise the funding and new services.

- **Crisis Care:**

In line with both the Five Year Forward View and Long Term Plan priorities, the MHPB's Crisis Care priority workstream aims to support the development and design of a model of care for the delivery of Crisis Care services across Cheshire and Merseyside.

Work has been progressing over the last year, inclusive of mental health operational, clinical and commissioner engagement across the STP. This has also involved engagement with key partners including NNAS, Cheshire Police and Local Authority colleagues, resulting in the development of a crisis care model in December 2018.

The proposed model is built on learning from two mental health trusts: Bradford District Care NHS Foundation Trust First Response Service and Cambridgeshire and Peterborough NHS Foundation Trust First Response Service, both of which are recognised by NHSE as examples of best practice for mental health crisis care.

The proposal for Cheshire and Mersey is ambitious and innovative, and reflects the spirit of the MHPB by endeavouring to ensure equity and to meet the objectives for crisis care outlined by both the Five Year Forward View and Long Term Plan.

The proposed crisis care model is inclusive of various clinical functions across a service delivery framework, aspects of which have been agreed in principle to be developed 'at scale' (i.e. NHS 111) whilst others will fall to 'place-based' development.

Despite a place-based approach to a large proportion of the model, there are opportunities to establish standardised processes, assessments and clinical measures on which clinicians will collaborate and consult, supporting the development of a well-governed, well-supported and clinically competent workforce and clinical services across

the Cheshire and Mersey footprint.

It is this critical work that will form the next stage of development in advance of potential national transformation funding becoming available.

## Further information

Across the Cheshire and Mersey Specialist Perinatal Service a joint engagement event, co-produced with our service users and third sector agencies, will be taking place on 3<sup>rd</sup> May 2019 between 10-2pm:

### **“Mums Matter” – for Maternal mental health matters week**

The event is due to take place at The Reader Storybarn (located in Calderstones Park, Liverpool). Please save the date.

Both mum and family engagement activities will be available, with health and wellbeing stalls as well as stakeholder information / presentations on our service activity and work so far. If you aren't able to make it watch out for our activities on social media @cmperinatal or #maternalmhmatters

If you are interested in finding out more about the work of the Mental Health Programme Board or would like any further information, please contact Programme Board Manager Jill Gilliam: [jill.gilliam2@nhs.net](mailto:jill.gilliam2@nhs.net)