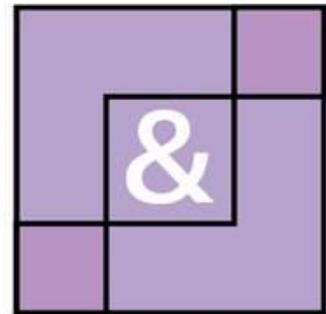


Cheshire & Merseyside Health & Care Partnership



“Be the better reason someone receives better care today”

6 January 2020

Placing mental health at the heart of what we do.

Welcome to the latest edition of the partnership bulletin from the Cheshire and Merseyside Mental Health Programme Board, the regional partnership leading on those objectives within NHS England’s Five Year Forward View for Mental Health which are best developed at scale.

Our bulletin aims to share our work with all services and organisations which have a role in delivering the mental health agenda so you and your colleagues are aware of developments taking place at a Cheshire and Merseyside level and to help us to link into the work you are all doing.

Activity at Board level

Mental health priorities across Cheshire and Merseyside

The primary role of the Mental Health Programme Board is to enable and accelerate delivery of those mental health commitments outlined in the Five Year Forward View and the NHS Long Term Plan (LTP) which are best undertaken at scale across Cheshire and Merseyside.

The Long Term Plan Mental Health Implementation Plan outlines an expansion to a number of priorities already included in the Five Year Forward View for Mental Health; for example, Improving Access to Psychological Therapies (IAPT) and perinatal mental health, and also new priorities including problem gambling and rough sleeper mental health support.

A Cheshire and Merseyside system-wide engagement event took place on 10 October (World Mental Health Day). Representatives from NHS England national mental health team, Health Education England, providers, commissioners, local authorities, clinical networks and police discussed these priorities and determined

where each best sits in respect of at scale or place level.

The clear consensus was that a number of mental health priorities should be led and planned at scale, with delivery and implementation at place. These include: perinatal, children and young people's crisis services, IAPT expansion, adult crisis care, mental health professionals in emergency services and problem gambling support.

These recommendations are going to the Collaborative Commissioning Forum for endorsement later this month.

Future workforce

An integral part of the NHS Long Term Plan is ensuring a sustainable future workforce. For mental health, there are opportunities for more joined up and innovative work with providers, third sector and local communities.

A system-wide Cheshire and Merseyside Mental Health Workforce Plan is being developed, with work to be overseen by the Mental Health Workforce Programme Group which includes representatives from relevant partners.

A focus on our priorities

This section includes updates on the work taking place in our priority project groups.

Specialised (tier 4) child and adolescent mental health service

Consultation has been completed with parents, carers, children, young people and professionals across Cheshire and Merseyside to inform development of a new model of care for children and young people with complex mental ill-health.

Feedback suggests the new care model needs to take account of the following:

- Eliminate inappropriate admissions, provide care close to home and reduce length of stay
- Children and their families want to be supported in the home environment where possible
- Early intervention to prevent escalation
- Wraparound intensive support service from entry to exit – 'team around the family' approach and 'team around the professional' approach
- Stronger multiagency working and support
- Improved communication and shared responsibility with clear accountability
- Consistency and continuity of service – equity of provision
- 24/7 tier 4 support

The clinical team is now developing the model and supporting business case which will be presented in coming weeks to Cheshire and Wirral Partnership NHS Foundation Trust as the lead for the specialised CAMHS (tier 4) provider collaborative for Cheshire and Merseyside.

Cheshire and Merseyside crisis care

The partnership has secured £5.7 million NHS England and NHS Improvement transformation funding across 2019/20 and 2020/21 to develop and enhance community adult mental health crisis services, providing a single equitable offer for adults across Cheshire and Merseyside.

Transformation will be delivered in two phases. As part of the first phase, recruitment has begun to increase staffing to enable adults to access mental health assessment and home treatment 24/7, complementing existing mental health crisis provision.

For phase two, access to crisis services will be made simpler, with people in Cheshire and Merseyside using a single point of access via NHS 111, option 2. Callers will be automatically transferred to a crisis response function for triage and initial assessment and directed to the appropriate pathway from there.

Investment in crisis resolution home treatment teams to provide 24/7 access to mental health professionals and interventions within the community will support people to remain in their local community wherever possible, reducing reliance on inpatient admissions.

The funding will also enable extension and expansion of existing projects across the region over the next five years which provide an alternative to crisis admissions, ensuring these services are inclusive of invaluable peer mentor staff support. The model supports both a place-based approach to make sure it meets local need, and an 'at scale' approach to ensure equity of offer and provision to the whole population.

Events

Future of psychiatry conference

An event aimed at attracting and retaining trainee psychiatrists in the Cheshire and Merseyside area is being hosted by Cheshire and Wirral Partnership, Mersey Care and North West Boroughs Healthcare.

It takes place on 28 February at Merseyside Maritime Museum and attendees will hear about and have input into shaping their role in psychiatry.

The keynote speaker is Professor Wendy Burn, President of the Royal College of Psychiatrists, who will address the role of the psychiatrist in delivering integrated care. The conference will also address the evolution of consciousness and managing a portfolio career in psychiatry; participating and conducting research and (digital) innovation in psychiatry; and becoming a consultant psychiatrist and exploring the leadership journey.

The event will allow time for networking with clinical leaders from the three trusts and participants will receive up to six CPD points. [The full programme and](#)

[booking is available online.](#)

Further information

The next bulletin will be issued in **April 2020**.

If you are interested in finding out more about the work of the Mental Health Programme Board or would like any further information, please contact Programme Board Manager Jill Gilliam: jill.gilliam2@nhs.net